

This certificate documents that

Izabela Ziemieńska

Has participated in the coach training programme

Needs-based Coaching

21st – 23rd Oct., 9th – 11th Dec. 2016 and 2nd – 5th March 2017 in Warsaw

Instructor: Pernille Plantener, BusinessByHeart

64 hours of coach specific training, including:

- Coaching Principles: Wholeness, Resourcefulness, Diversity, Possibilities, Freedom
- Structuring a coaching session to accomplish awareness, alignment and action
- 23 skills and 5 pathways to empower the client
- Creating conscious, supporting relationship between coach and client
- Cultural Competency
- Neurobiology of coaching
- Group mentoring



Pernille Plantener, PCC, CNVC-certified trainer



Beata Kosiacka, organizer, Babska Dżungla